

Kingston College Academy of Sport Trampoline

Training alongside your chosen college course.

The trampoline academy of sport, benefits from strength and conditioning training, trampoline/dmt and gymnastics training, we have 5 euro trampolines, static rig, video analysis.

In addition you will also be given information and opportunities to work towards coaching and judging qualifications

You can take part in trial events to represent the South East at the British Colleges of Sport finals, regional schools competition and also Borough schools events.

For these events you will be representing Kingston College

If you are already a member of a club, you are encouraged to continue training with them, you do not need to transfer your club.



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For more information please phone
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Look forward to seeing you there!